

Ring Size Chart

PRINT AT 100% (ACTUAL SIZE) • TURN OFF “FIT TO PAGE”



Scale check: this bar should measure exactly 50 mm with a ruler. If it doesn't, reprint before measuring.

1 • Match a ring you already have

Lay the ring on each circle. The right size is the circle whose outer edge just meets the inside of the band.



14.1 mm
inside diameter



14.9 mm
inside diameter



15.7 mm
inside diameter



16.5 mm
inside diameter



17.3 mm
inside diameter



18.1 mm
inside diameter



18.9 mm
inside diameter



19.8 mm
inside diameter



20.6 mm
inside diameter



21.4 mm
inside diameter



22.2 mm
inside diameter



23.0 mm
inside diameter



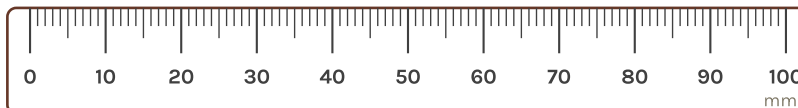
23.8 mm
inside diameter



24.6 mm
inside diameter

2 • Or measure the finger with a string

Wrap a thin string snugly around the base of the finger, mark where it meets, then lay it on the ruler and find the size below.



Circumference (string length) → ring size

US size	String length	Inside diameter
3	44.2 mm	14.1 mm
4	46.8 mm	14.9 mm
5	49.3 mm	15.7 mm
6	51.9 mm	16.5 mm
7	54.4 mm	17.3 mm
8	57.0 mm	18.1 mm
9	59.5 mm	18.9 mm

US size	String length	Inside diameter
10	62.1 mm	19.8 mm
11	64.6 mm	20.6 mm
12	67.2 mm	21.4 mm
13	69.7 mm	22.2 mm
14	72.3 mm	23.0 mm
15	74.8 mm	23.8 mm
16	77.4 mm	24.6 mm

Between two sizes? Size up. Measure late in the day, and check the knuckle: the ring has to slide over it.

